

Dated: February 2023

Review Date: February 2024



PSHE Policy

This policy covers our school's approach to PSHE, it was produced by Headteacher Juliana Dugbatey through consultation with the governing body. Consultation took the form of a series of meetings and pupils have been involved in the creation of this policy through group discussions.

Key needs identified by pupils were the need to learn more about internet safety, the Lower Key Stage 2 and Upper Key Stage 2 wanted to study keeping safe on the streets and more about the adults that help us in everyday life. Key Stage 3 wanted to learn about feelings and social situations. Pupils identified that they enjoyed PSHE lessons and were excited to help plan the course content.

It will be reviewed February 2024.

Parents and carers will be informed about the policy through school daily contact sheets, the policy is available to parents and carers through the school website and a copy is kept in the school office. If you require this policy in any other format, please contact the school office.

Our school's ethos is everyone can achieve, can become successful learners who enjoy learning, make progress and achieve, become confident individuals who are able to live safe, healthy and fulfilling lives, and be responsible citizens who will make a positive contribution, both socially and economically, to society.

This policy informs the school's overarching aims and objectives by outlining and reinforcing the key aspects of our PSHE curriculum contents.

Our PSHE programme aims to help students enjoy learning, make progress and achieve, make students aware of safety and living healthy fulfilling lives.

We will create a safe and supportive learning environment by ensuring that everyone is encouraged to communicate, everyone is respected, everyone feels safe, where stereotypes can be addressed through debates. We will ensure that where pupils indicate that they may be vulnerable and at risk, they will get appropriate support by the pastoral team and any safeguarding issues will be addressed effectively. This policy is informed by the school's safeguarding/child protection policy which can be found online.

We promote the needs and interests of all pupils, irrespective of gender, culture, ability or personal circumstance by ensuring that the British values are implemented effectively. Manorway Independent School believe in democracy, the rule of law, individual liberty, mutual respect and tolerance of those of different faiths and beliefs.

We will use PSHE education as a way to address diversity issues and to ensure equality for all by encouraging communication and giving students platforms to discuss diversity and equality.

We will ensure that pupils with SEND receive access to PSHE through a range teaching and learning styles. We allocate 2 hours curriculum time to PSHE education fortnightly. Our PSHE education takes place weekly.

Pupils' questions will be answered by encouraging them to be inquisitive learners. We will allow pupils to raise anonymous questions by using the letter box approach.

We are committed to working with parents and carers. We will offer support by sign posting parent/carers to outside agencies and making referrals when necessary. We will communicate with parents and carers by newsletters, phone calls, emails, and face to face contact. We will encourage discussion of topics at home through home learning by supplying weekly homework. If a parent wishes to withdraw their child it will be considered and discussed within leaders where parents/carers will be invited in school.

Key Stage 2 Core Themes
Core Theme 1: Health and Wellbeing
This core theme focuses on:
1. What is meant by a healthy lifestyle
2. How to maintain physical, mental and emotional health and wellbeing
3. How to manage risks to physical and emotional health and wellbeing
4. Ways of keeping physically and emotionally safe
5. How to manage change, including puberty, transition, and loss
6. How to make informed choices about health and wellbeing and to recognise sources of help with this
7. How to respond in an emergency
8. How to identify different influences on health and wellbeing
Core Theme 2: Relationships
This core theme focuses on:
1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
2. How to recognise and manage emotions within a range of relationships
3. How to recognise risky or negative relationships including all forms of bullying and abuse
4. How to respond to risky or negative relationships and ask for help
5. How to respect equality and diversity in relationships
Core Theme 3: Living in the Wider World (Economic Wellbeing and Being a Responsible Citizen)
This core theme focuses on:
1. Respect for self and others and the importance of responsible behaviours and actions

2. Rights and responsibilities as members of families, other groups and ultimately as citizens
3. Different groups and communities
4. Respect diversity and equality and how to be a productive member of a diverse community
5. The importance of respecting and protecting the environment
6. Where money comes from, keeping it safe and the importance of managing it effectively
7. The part that money plays in people's lives
8. A basic understanding of enterprise

LONG TERM PLANNING MODEL

	Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Health & wellbeing	Summer 1 Relationships	Summer 2 Living in the wider world
Year 7	Transition to secondary school Diet, exercise and how to make healthy choices	Enterprise skills and introduction to careers Challenging career stereotypes and raising aspirations	Diversity, prejudice and bullying including cyber bullying Managing on- and off-line friendships	The risks of alcohol, tobacco and other substances Managing puberty and the issues of unwanted contact and FGM	Self-esteem, romance and friendships Exploring family life	Making ethical financial decisions Saving, spending and budgeting our money
Year 8	First aid and personal safety, focusing on road safety Alcohol and drug misuse and managing peer influence	Rights and responsibilities in the community Tackling age and disability discrimination	Tackling racism and religious discrimination, promoting human rights Online safety and digital literacy	Mental health and emotional wellbeing, including body image Managing change and loss	Introduction to sexuality and consent Introduction to contraception including condom and the pill	Evaluating value for money in services Risks and consequences making financial decisions
Year 9	Peer pressure, assertiveness and risk, gang crime Dieting, lifestyle balance and unhealthy coping strategies	Understanding careers and future aspirations Identifying learning strengths and setting goals as part of the GCSE options process	Managing conflict at home and the dangers of running away from home Tackling homophobia, transphobia and sexism	Managing peer pressure in relation to illicit substances Assessing the risks of drug and alcohol abuse and addiction	Relationships and sex education including healthy relationships and consent The risks of STIs, sexting and pornography	Planning and carrying out an enterprise project Reflecting on learning skills development in key stage 3
Year 10	Transition to key stage 4 and developing study habits Mental health and ill health, tackling stigma	Understanding the causes and effects of debt Understanding the risks associated with gambling	Tackling relationship myths and expectations Managing romantic relationship challenges including break ups	Exploring the influence of role models Evaluating the social and emotional risks of drug use	Understanding different families and learning parenting skills Managing change, grief and bereavement	Preparation for work experience Evaluation of work experience and readiness for work
Year 11	Promoting self-esteem and coping with stress Learning and revision skills to maximise potential	Understanding the college application process and plans beyond school Skills for employment and career progression	Personal values and assertive communication in relationships Tackling domestic abuse and forced marriage	Health and safety in independent contexts Taking responsibility for health choices	British values, human rights and community cohesion Challenging extremism and radicalisation	